

THE GAZETTE



GOWARD HOUSE

November 2023 Editor: *Marlene Abney*

Administrator: Heidi Hodgins

Assistant Administrators: Marlene Abney & Tara Jackson

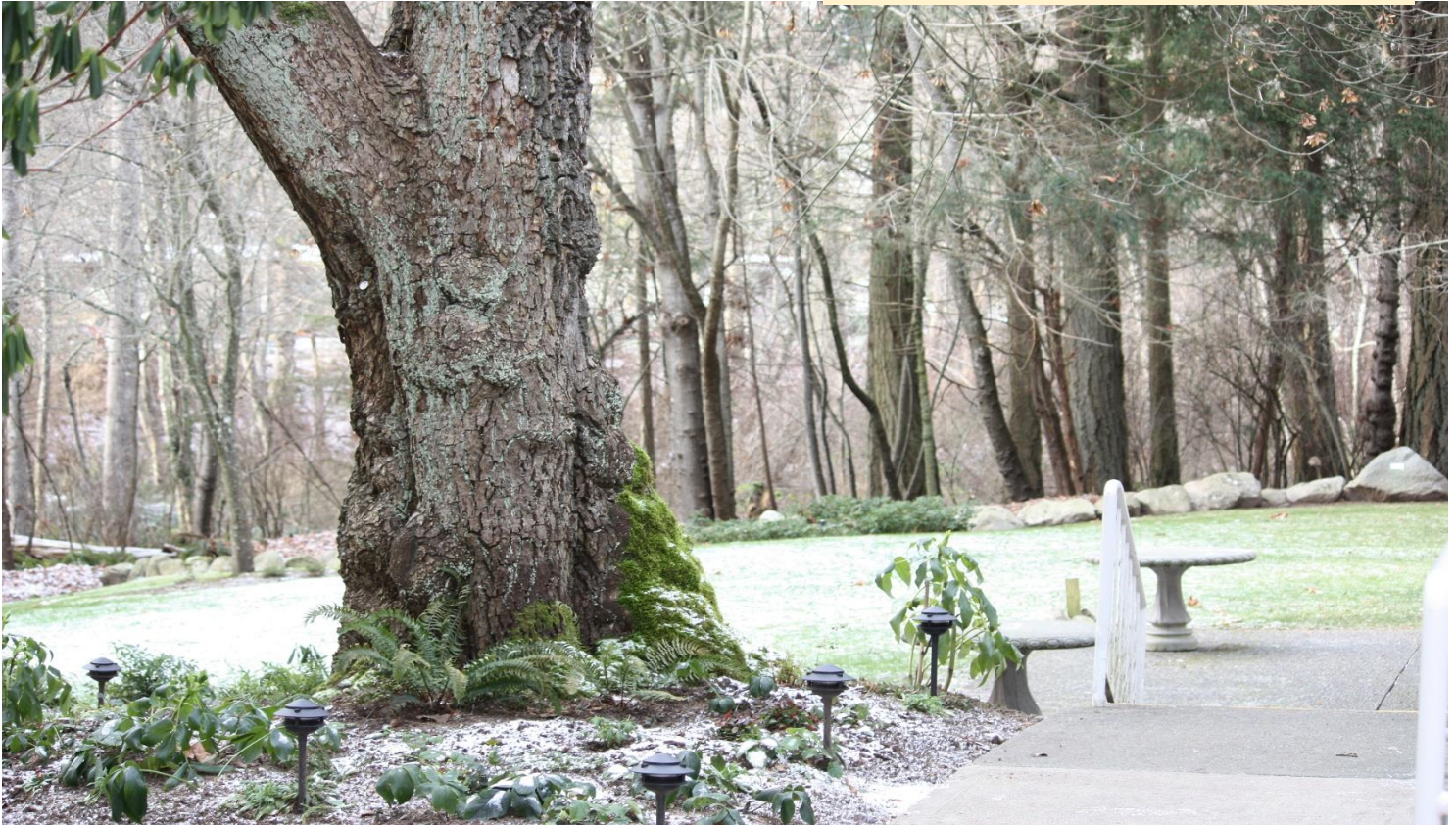
Janitor: Russ Saunders Custodian: Leslie Hall

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250 477- 4401

gowardhouse.com

administration@gowardhouse.com



President's Message

The fall colours are coming on rapidly now as we approach the month of November. Many leaves came down overnight on October 25th with the first big storm of the season. Don't forget to leave some of the leaves in your flower beds. They will provide a mulch for your plants that helps to protect the roots against the cold of winter while providing organic material to enrich your soil.

Many thanks to all the members who have donated so generously to the President's Appeal this year. It is not too late to contribute whatever you can to support the 2023 Goward House operating expenses. Your contribution will allow the Board Recovery Plan time to get established. The plan seems to be working, as we welcomed another 20 members to Goward House in September, with a corresponding increase in activities revenue.

Despite a few growing pains, the Hot Lunch and Pantry programs launched in September are becoming increasingly more popular. Myrna Rouse is the Director overseeing the new program. Myrna and her team have been working very hard to provide "home cooked" lunches and baked goods to enjoy in the Tea Room or take-out for your family. Special thanks to the staff and volunteers who help to make this program possible.

Lots of exciting things happening during the month of November. Our always popular speakers programme will feature Peking to Paris on November 1st and the very entertaining Dr. Andrew Weaver will join us again on November 9th. Please check the Gazette for details.

The highly anticipated Goward House **Craft Fair** on November 18th & 19th will return for the first time since the COVID pandemic. If you would like to participate as a vendor there is still space available. We also need lots of volunteers for this event. If you are able to help please contact our staff.

Christmas will be here before you know it. This is an exciting time of year to enjoy our beautiful House. I will look forward to sharing the festivities with you over the next couple of months.

Allan

Special Travel Presentation



From Peking to Paris

The Peking to Paris Motor Challenge is unique in the motoring world – a true endurance motor rally following in the wheel-tracks of the original pioneers of 1907. Driving an old car nearly halfway around the world with a bunch of like-minded enthusiasts, against the clock, with the added spice of timed sections, makes Peking to Paris the longest and toughest driving challenge for Vintage and Classic cars.

Join us to see and hear about the 2019 Peking to Paris Motoring Challenge that two local residents completed. John and Chris Beresford will present a show about the 36-day, 16,000 km trip across Northern China, Mongolia, Russia and Europe. Their 1956 Volkswagen Beetle that completed the trip will be on hand (weather permitting) to view. The pictures and video will put you in the driver's seat for this presentation.

Thursday November 2nd 2:00 pm

MEMBERS - FREE

NON-MEMBERS \$10.00

Please pre-register at the Front Desk

Activity Ideas!

Goward House is looking for interested members who would like to form a new activity. The activities would be subject to approval by the Administrator and run by a volunteer facilitator within the group. Blue tickets would apply. Examples of groups could be: walking group, poetry/writing group, travel discussion group, men's discussion group, card making group, photography club etc. The facilitator (s) would be the group contact for administration. Please submit your interest to Heidi Hodgins at gowardhouse@shaw.ca. Specify what type of group you are interested in and what days and times you would be available. Thank you!



Goward House would like to extend a very warm welcome to new members:

Robert Auger, Beth Brathwaite, Andrew Brown, Margaret Dale, Doreen Hampton, Richard Hampton, John Harding, Joan Lee, James McClennan, Jane Miller, Madeline Rigg, Gela Stach, Merle Wall & Anne Whyte.

Goward House Christmas Luncheon

Thursday December 14th at NOON

Turkey with fresh herbs, buttery mashed potatoes, gravy and cranberry sauce, bread stuffing with dried plum and sage. Complemented with local vegetables. Dessert, coffee and tea included. *Vegetarian option available.*

(cash wine bar available.)

\$25.00 p/p

Pre-order and pay by December 1st

Seating is limited

It's not too late to order!

PURDY'S CHRISTMAS CHOCOLATE FUNDRAISER

It's here again just in time for the holiday season! Goward House earns a percentage of all sales from this popular fundraiser - catalogues are available at the Front Desk.

Deadline to order is Thursday November 9th. Pick up of orders is from the Front Desk, Friday December 8th.

To order, you can either:

- Drop off your order form to the Front Desk (along with payment of cash, cheque, or you can pay then by credit/debit cards) OR
- You can order online using a credit card.

Instructions will be with all catalogues. Thank you for participating!



MONTHLY DRAW FOR A FREE BEVERAGE PUNCH CARD



Submit any of your used punch cards for a chance to win a FREE beverage card in our new monthly draw. Simply write your name and phone number on the back of your card and give it to a kitchen volunteer or a staff member. Next draw will be Nov. 1st. **GOOD LUCK!**

Our October punch card draw winner was **Ray Coutts**. Congratulations!

SPECIAL INTEREST



GOWARD HOUSE CHOIR with Phil Robbie

Our very own Goward House Singers meet Fridays from 1:15 - 3:15 pm in the Lower Hall. Talented choir director, Phil Robbie, leads the group through an eclectic repertoire of music. Come out and give it a try, meet new friends, and sing your heart out. *Next intake of new participants is January 5th.*



SOCIAL BRIDGE

Goward House hosts Social Bridge every Monday & Thursday afternoon. You don't need a partner to participate. If you enjoy playing Bridge and socializing, join this fun group from 12:30 - 4:00 pm in the Arts & Crafts Room on Mondays and the Sun Room on Thursdays.



ADVANCED FRENCH CONVERSATION

Parlez-vous Français? Why not join this lively group of Goward House members for a social get together.

Conversing in French, you will enjoy a wide variety of topics and practice your language skills at the same time. The group meets Tuesdays from 1:00 - 3:00.



ADVANCED SPANISH CONVERSATION

Habla Español? Many of our Goward House members are multilingual. Those who enjoy speaking Spanish meet Friday mornings for some light conversation and social engagement. Conversing in Spanish, you will enjoy a wide variety of topics and practice your language skills at the same time. Join the group Fridays from 10:30 - noon.



iPHONE & iPAD CLUB

Looking for some tips on expanding your use and understanding of these devices? Please join club leader Leah Freedman every **FIRST Monday** of the month from 10:00 - 11:30 am.

Please let us know you will be attending by calling the front desk @ 250 477-4401.



The next Book Club will be **Thursday November 16th** from 1:00 - 2:30 pm.

The October title is **Night of Miracles** by **Elizabeth Berg**.
A book Club Set is available at the front Desk.



MONEY MATTERS

with Pam Katunar

The next session will be **Thursday November 23rd, 2023**, from 2 - 3:30 pm. The topic for this presentation is **Charitable Giving**. Please join us to find out some things you may consider to do for Strategic Charitable Giving, to make the most of your giving. Why give? When to give? What to give? How to give?

Please pre-register at the front desk by **Tuesday November 21st**.

Attendance is free.



Anne Beverly Millar

long-time Goward House member and artist

Anne, 85, passed away peacefully on October 4, 2023 in her home in Victoria, British Columbia, Canada.

She was born to Harry and Lydia (nee Dezombre) Smith on April 3, 1938 in Victoria, BC and went on to live her entire life in Victoria. Anne married the love of her life Daniel McLaren Millar, who predeceased her after 52 happy years together. Anne had one brother, Earl Harry (Marie) Smith, (predeceased) and is survived by her daughters, Janice (Kevin Findley) Symonds and Joyce (Ian) MacDonald; her grandchildren, Sean (Kate Shuttleworth) MacDonald and Grant (Amanda) MacDonald; her great-grandchildren, Georgia, Isla and Alasdair; sister-in-law Marie Smith (nee Wright); nieces, Linda Smith, Leanne Bertolotti and Rita (Kirby) Humphrey; and honorary children Lora Kou and Alex Garcia.

Anne was an avid traveller, having explored every continent with her travelling companions, Danny, Earl and Marie. Anne was also an accomplished artist and art teacher and in recent years enjoyed her Wednesday morning sessions with fellow art enthusiasts at Goward House.

She was a founding member of the Centre for Spiritual Living Victoria. Anne was an active member in her church and community, being a passionate volunteer and president of many different committees throughout her life.

Anne will be remembered for her kind and caring heart, warm hugs, love of life and making anyone feel welcome in her home and life.

A Celebration of Anne's Life will be held at Sands Funeral Chapel, 1803 Quadra Street on Saturday, October 14, 2023 at 1:00 pm with Reverend Carrie Hunter presiding. A Reception will follow.

In lieu of flowers, a donation in Anne's memory may be made to the BC Cancer Foundation or to a charity of your choice.



Please note: Goward House will be closed **Monday November 13th**, in lieu of the Remembrance Day holiday.



Special Guest Dr. Andrew J. Weaver

Thursday November 9th, 2023 2:00 pm

In this, his second presentation at Goward House, Dr. Andrew Weaver will discuss privilege, agency and the Climate Scientist's role in the global warming debate.

FREE for members NON-MEMBERS \$10.00

Please pre-register at the Front Desk

Dr. Andrew J. Weaver is a Professor in the School of Earth and Ocean Sciences at the University of Victoria. He was also the Canada Research Chair in Climate Modelling and Analysis until he was elected as a BC Green Party MLA in the 2013 BC Provincial Election representing the riding of Oak Bay-Gordon Head. In 2015 Dr. Weaver assumed leadership of the BC Green Party, leading them to an historic election result in the 2017 provincial election with three elected MLAs holding the balance of power in an NDP minority government. He returned to UVic after two terms as an MLA.

Dr. Weaver received his B.Sc. (Mathematics and Physics) from the University of Victoria in 1983, a Master of Advanced Studies in Mathematics from Cambridge University in 1984, and a PhD in Applied Mathematics from the University of British Columbia in 1987. He has authored or coauthored over 200 peer-reviewed papers in climate, meteorology, oceanography, earth science, policy, education and anthropology journals. He was a Lead Author in the United Nations Intergovernmental Panel on Climate Change 2nd, 3rd, 4th and 5th scientific assessments. He was the Chief Editor of the Journal of Climate from 2005-2009.

Dr. Weaver is a Fellow of the Royal Society of Canada, Canadian Meteorological and Oceanographic Society, American Meteorological Society, American Geophysical Union and the American Association for the Advancement of Science. Over the years he has received a number of awards including the NSERC-Steacie, Killam and Guggenheim Fellowships and the CMOS President's Prize, the Royal Society of Canada Miroslaw Romanowski Medal and the A.G. Huntsman Award for Excellence in Marine Science. In 2008 he was appointed to the Order of British Columbia and in 2014 he received an honorary D. Sc. Degree from McMaster University.



Habitat for Humanity

Some 14% of renter households in the Capital Region are defined as being in "core housing need," meaning they do not live in and are unable to access affordable housing, in adequate condition, and of suitable size. An affordable home provides a strong foundation on which families can build their future.

Habitat for Humanity Victoria is a registered charity that brings communities together to help families build strength, stability and independence through affordable homeownership.

Founded in 1990, Habitat Victoria has built 34 homes locally and served 39 families. Please join us for this informative talk.

Thursday November 30th 2:00 pm

FREE for members NON-MEMBERS \$10.00

Please pre-register at the Front Desk

VOLUNTEER OPPORTUNITIES

Can you help? We are still looking for members to add to our roster of volunteers and for special events. If you are able to help or want more information, please email Marlene at marlene@gowardhouse.com or call 250 477-4401.

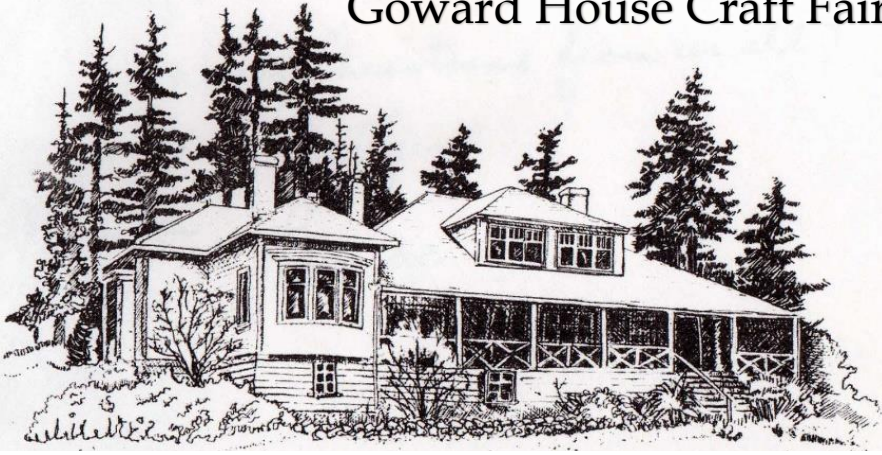
GOWARD HOUSE CRAFT FAIR - Nov. 18th - 19th We need volunteers for cash handling and kitchen. Volunteer hours can be on one day or both days or even just part of a day. Please sign-up on clipboards found in the Lobby and Lower Hall.

CRAFT FAIR BAKE SALE- Bakers needed! We need several volunteers to bake some goodies for our Bake Sale at the Craft Fair. Lemon loaves, banana bread, muffins, squares, seasonal goodies etc. **You can bake and package your donations at home.**

CHRISTMAS LUNCHEON VOLUNTEERS - Our luncheon is Thursday December 14th this year. We need several volunteers to help plate and serve our Christmas lunch. Please let Marlene know if you are available to help.

HOT LUNCH & PANTRY PROGRAM - Chefs and bakers needed! We need cooks who want to share their culinary talents with our membership. Meals are first served as hot lunches , then fill our freezers with take-home suppers and baking.

Goward House Craft Fair



**Saturday Nov. 18 &
Sunday Nov. 19**

10:00 am – 4:00 pm



Handmade by local artisans: knitted toys, paintings and cards, jewelry, needle and woodcrafts, children's books, candles, preserved food, Xmas items and more...

Tea Room serving soup, sandwiches and baked goodies. See you there!

FUNDRAISING - How Can You help?

We received **\$129.50** from our Fairways fundraising. Fairways cards are available at the Front Desk. Once you have your card, please visit customer service at Fairway Market and have it loaded with any amount you would like. Fairways will donate 5% of the value to Goward House.

Peppers is another way you can help support Goward House. Participating is easy, by visiting Pepper's Foods in Cadboro Bay Village. Ask the cashier for a gift card and load it with any amount you would like. Mention that you would like the charitable portion to be donated to Goward House. It does add up! Thank you to all the members who help raise these funds by participating.

Barry's Bottle Recycling donated **\$50.00** last month. Thank you Barry!



UPCOMING NOVEMBER EVENTS

Thursday November 2nd @ 2:00 pm - Travel presentation "From Peking to Paris".

Thursday November 9th @ 2:00 pm - Guest speaker Dr. Andrew Weaver.

Thursday November 23rd @ 2:00 pm - Money Matters with Pam Katunar.

Thursday November 30th @ 2:00 pm - Habitat For Humanity presentation.

(please pre-register at the Front desk)

HOT MEAL SPECIALS FOR NOVEMBER

Wednesday Nov. 1st - Panini Sandwich

Wednesday Nov. 15th - Chicken Fettuccini

Tuesday November 21st - Shepherd's Pie

Wednesday Nov. 29th - Perogies and Sausage



November Art Show & Sale

Edibe Celik grew up in Istanbul in the modern Republic of Turkiye. Her interest in drawing pictures of film actors from the 1930's and 40's came from her love of films, and later TV. She had a card collection of black-and-white photos of many actors of the time. She made pencil and charcoal drawings copying the images from these cards. She was only 18 years old when she made the drawings on display here at Goward House.

The exhibit: The six vintage drawings in this exhibit date from 1938. The exhibit has been lovingly prepared by Edibe's daughter - her biggest fan - who lives in Victoria near Goward House. Special thanks to Goward House. All six frames are black wood, 11.25" x 14.5". The glass in all frames is non-reflective. The back is brown-paper-lined and each has a solid wire for hanging on the wall. They were professionally framed in the 2000s. The proceeds from this exhibit will go to Edibe's two great-granddaughters.

DEAR, GOWARD HOUSE FAMILY & FRIENDS

EDIBE ÇELİK

ART SHOW & SALE

OCTOBER 30 - NOVEMBER 29 2023

WEEKDAYS

9:30am - 3:30pm

GOWARD HOUSE

2495 Arbutus Road

CONTACT

(250)477-4401
gowardhouse.com



Don't forget to set your clocks back one hour before bed Saturday November 4th!

ACTIVITY SCHEDULE

Monday	Tuesday	Wednesday	Thursday	Friday
Strength & Balance 9:00 – 10:00	Line Dancing 10:00 – 11:00	Drop in Art 8:00 – 11:30	Yang Style Tai Chi 9:30 – 11:00	Yoga 9:30 – 10:30
Quillers 10:00 – noon	Silk Reeling 11:15 – noon	Chinese Brush Painters 9:30 – 1:00	Strength & Balance 12:00 – 1:00	Spanish Conversation Adv. 10:30 – noon
iPad & iPhone Club 10:00 – 11:30 1 st Monday	Chen Basics Tai Chi 12:15 – 1:00	Duplicate Bridge 12:15 – 4:00	Book Club 1:30 – 3:00 (3 rd Thursday)	Line Dancing 11:00 – noon (no instructor)
Stretch & Strength 10:15 – 11:00	French Conversation Adv. 1:00 – 3:00	Crafters 1:30 – 3:30	Social Bridge 12:30 – 4:00	Choir 1:15 – 3:15
Yang Style Tai Chi 11:30 – 1:00	Mah Jong 1:00 – 4:00			
Social Bridge 12:30 – 4:00	Portrait Painters 1:15 – 4:00			
Meditation 2:30 – 4:00				

GOWARD HOUSE SOCIETY

Board of Directors: Committees 2023-24

COMMITTEE	DIRECTORS
EMERGENCY PREPAREDNESS	<i>John Martens, Mary Collins</i>
ENVIRONS	<i>Wendy Denyes, Barry Mah Ming</i>
FACILITY	<i>Allan Davies</i>
FRONT DESK & MEMBERSHIP	<i>Gail Branton, Lee Frank</i>
FINANCE	<i>Allan Davies, Lee Frank</i>
GROUND, GARDEN & PARKING	<i>Allan Davies, Gail Branton</i>
KITCHEN	<i>Myrna Rouse, Lee Frank</i>
PERSONNEL	<i>Allan Davies, Gail Branton</i>
POLICY & PROCEDURES	<i>John Martens, Barry Mah Ming</i>
PROGRAM	<i>Mary Collins, Wendy Denyes</i>
PUBLICITY	<i>Barbara Turner, Wendy Denyes</i>
SPECIAL EVENTS	<i>Myrna Rouse, Wendy Denyes, Lee Frank</i>
VOLUNTEERS	<i>Lee Frank, Barbara Turner</i>
President: Allan Davies Vice-President: Mary Collins Secretary: Barb Turner Treasurer: Lee Frank	

We acknowledge with respect the Lekwungen peoples on whose traditional territory the neighbourhood of Cadboro Bay lies, and the Songhees, Esquimalt and WSÁNEĆ peoples whose historical relationships with the land continue to this day.

“Scene” Around Goward House



Gordon Campbell



Saanich Mayor Dean Murdock



Saanich Police Constable Berle Zwaan