

THE GAZETTE



November Gazette 2025

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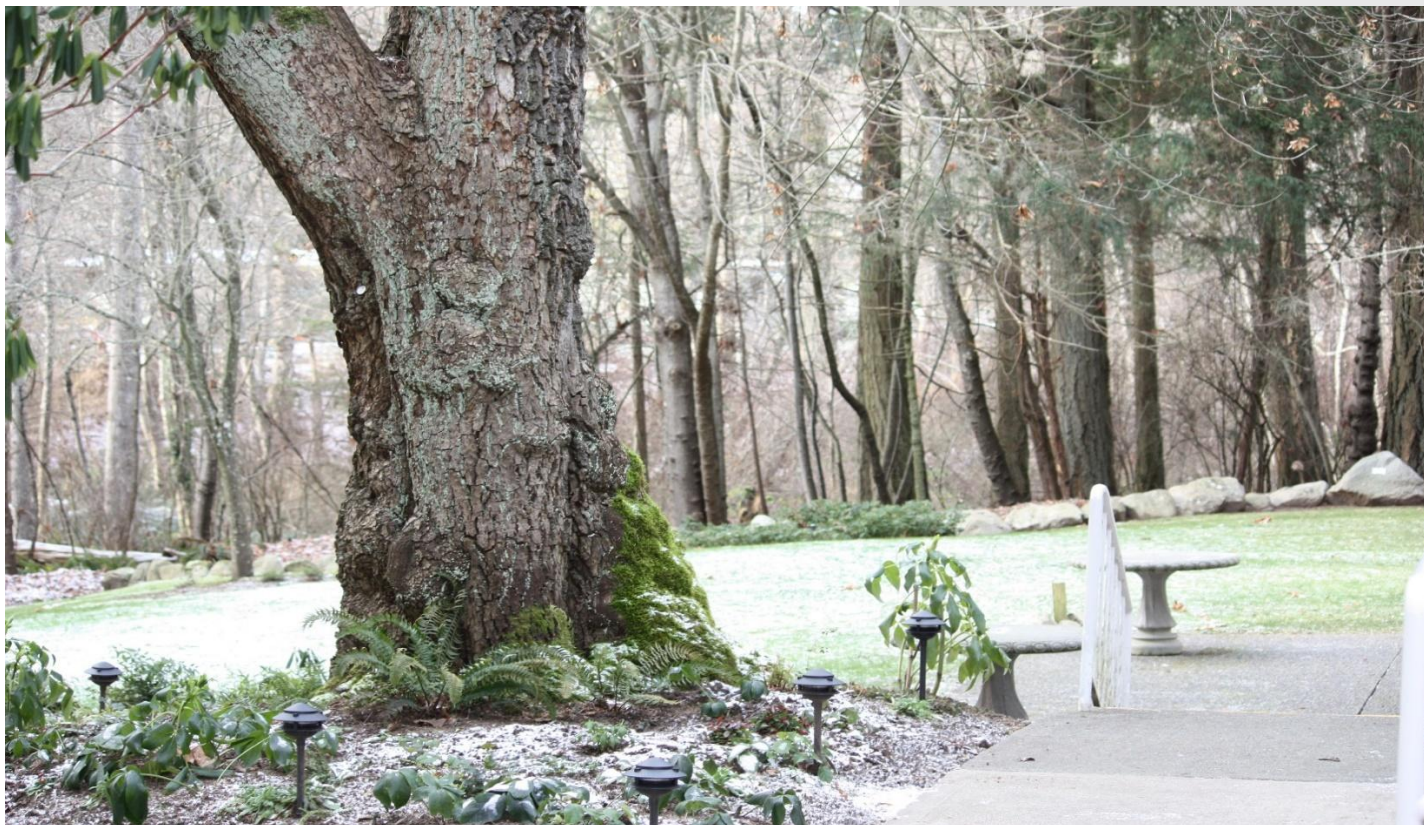
GOWARD HOUSE

2495 Arbutus Rd. Victoria B.C. V8N 1V9

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gowardhouse.com

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President's Message

Well, the leaves have fallen and we are moving to standard time with shorter daylight hours - Fall is truly here, and all our activities at Goward House are going at a great pace! Do read through the Gazette and see if there are some new activities you might like to participate in.

We have three speakers coming soon, so don't miss them: Tanya Clarmont of the Victoria Native Friendship Centre on Thursday November 6, Tim and Diane Schaffter who will talk about living in North Korea as world citizens on Monday November 10, and finishing 2025 with Trish Baldwin, Dean of the Victoria Conservatory of Music on Monday December 1. All at 2 pm.

We are now working on lining up speakers for 2026 so if you have suggestions, do let us know!

Our big event in November, of course, is our annual Craft Fair on Saturday November 15 and Sunday November 16. We have a great array of artisans and crafters presenting so it will be the perfect time to pick up some lovely items and possible presents for the Christmas season. We are also still looking for volunteers. . .

And speaking of Christmas, it is not too early to alert you to the Christmas Lunch on Thursday December 11 at noon. The lunch will be followed by a concert put on by our terrific Goward House Choir - more details will be sent out in November.

I want to thank everyone who responded to our Member's Survey - we appreciate your input and suggestions.

And of course, a big thanks to all who have contributed to date to the President's Appeal. - with the postal strike it meant a considerable delay in getting some of the Appeal letters out. If you didn't receive one let us know and you can also pick one up at the Front Desk.

I will be hosting my President's Corner in the Living Room on Tuesday November 4 and Tuesday December 2, both at 1 pm Do come and join me to share your ideas or questions!

Mary Collins, President

SAVE THE DATE

Tuesday November 4th - 1:00 pm - President's Corner with **Mary Collins** in the Living Room.

Thursday November 6th - 2:00 pm - **Tanya Clarmont** will be here with a presentation about the Victoria Native Friendship Centre.

Monday November 10th - 2:00 pm - **Tim & Diana Schaffter** presentation on **Living in North Korea as World Citizens**.

Saturday November 15th - 10:00 - 4:00 pm - **Goward House Craft Fair**.

Sunday November 16th - 10:00 - 4:00 - **Goward House Craft Fair**.

Tuesday November 18th - 1:00 pm - Guided Walk in Haro Woods with **Deborah Dickson**.

Tuesday November 25th - 1:30 pm - **Social Circle** in the Living Room.

Thursday November 27th - 2:00 pm **Money Matters** with **Pam Katunar**. The topic: Effective Charitable Gifting.

Monday December 1st - 2:00 pm - **Tricia Baldwin** - Dean, Victoria Conservatory of Music.

Tuesday December 2nd - 1:00 pm - President's Corner with **Mary Collins** in the Living Room.

Thursday December 11th - noon - **Goward House Christmas Luncheon**, followed by a choir concert from the Goward House Singers. Please pre-pay at the front desk by December 2nd.

VOLUNTEER OPPORTUNITIES

We are always looking for members to add to our roster of volunteers and for special events. If you are able to help or want more information, please email Marlene at marlene@gowardhouse.com or call 250 477-4401.

VOLUNTEERS NEEDED - We are looking for a Front Desk volunteer every other Thursday morning from 10:00 - noon, as well as Fridays from 10:00 - noon and noon - 2:00 pm every other week. Please let us know if this interests you.

HOT LUNCH & PANTRY PROGRAM - Chefs and bakers needed! We need cooks who want to share their culinary talents with our membership. Meals are first served as hot lunches, then fill our freezers with take-home suppers and baking.

CRAFT FAIR VOLUNTEERS - Please sign up on the clipboards in the Lobby & Lower Hall.

CHRISTMAS LUNCHEON - Please call or email Marlene. marlene@gowardhouse.com



Goward House will be closed **Tuesday November 11th for Remembrance Day.**





CALLING ALL BAKERS

Baking volunteers needed for our Craft Sale!

Part of our Goward House Craft Fair fundraiser is our delicious bake sale. Goodies should be dropped off on **Friday November 14th** (to the Arts & Crafts Room) so they can be priced.

If you would like to participate, please contact administration@gowardhouse.com. You will receive a VIHA information sheet detailing what baked goods are accepted. We are hoping for a variety of items, holiday-themed welcomed, but not required.



GOWARD HOUSE REPAIR CLINIC

In need of a “tear repair?” A button sewn on? Loose ends fixed? Our very own Goward House Crafters (who are also sewers, knitters and stitchers) are offering a simple clothing repair clinic exclusively to our members. NO zippers please!

Visit our Crafters on the first Wednesday of each month, from 2 -3 pm, and bring your simple repair jobs. Our crafters will select a pickup date and recommend a suggested donation to Goward House.

The next repair clinic will be **Wednesday November 5th**.



There is still time to donate to our President's Appeal and receive a tax receipt for 2025. The deadline is December 12th for this tax year.

Thank you to all who have donated so far!

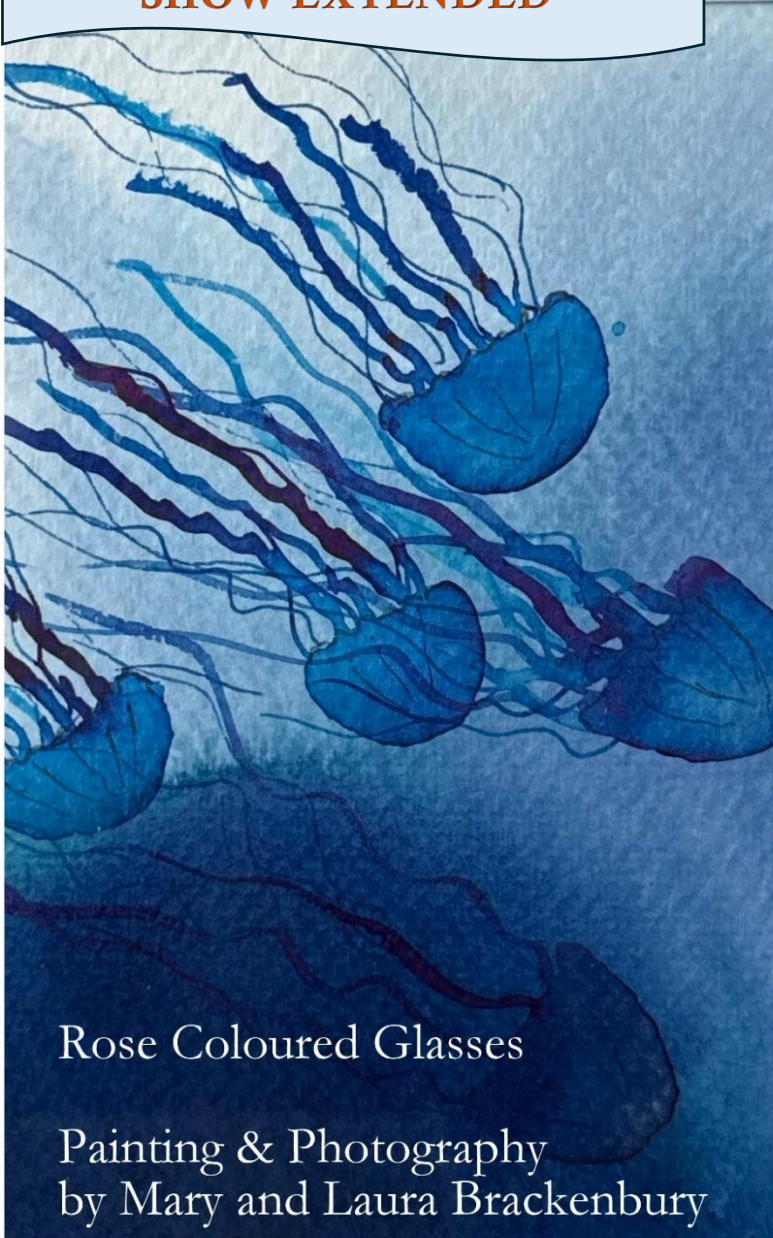


CRAFT FAIR VOLUNTEERS NEEDED

GOWARD HOUSE CRAFT FAIR - Nov. 15^h - 16th (and Friday Nov. 14th for Tea Room prep). Volunteer hours can be on one day or both days or even just part of a day.

Please call or email Marlene - marlene@gowardhouse.com or call 250 477-4401.

SHOW EXTENDED

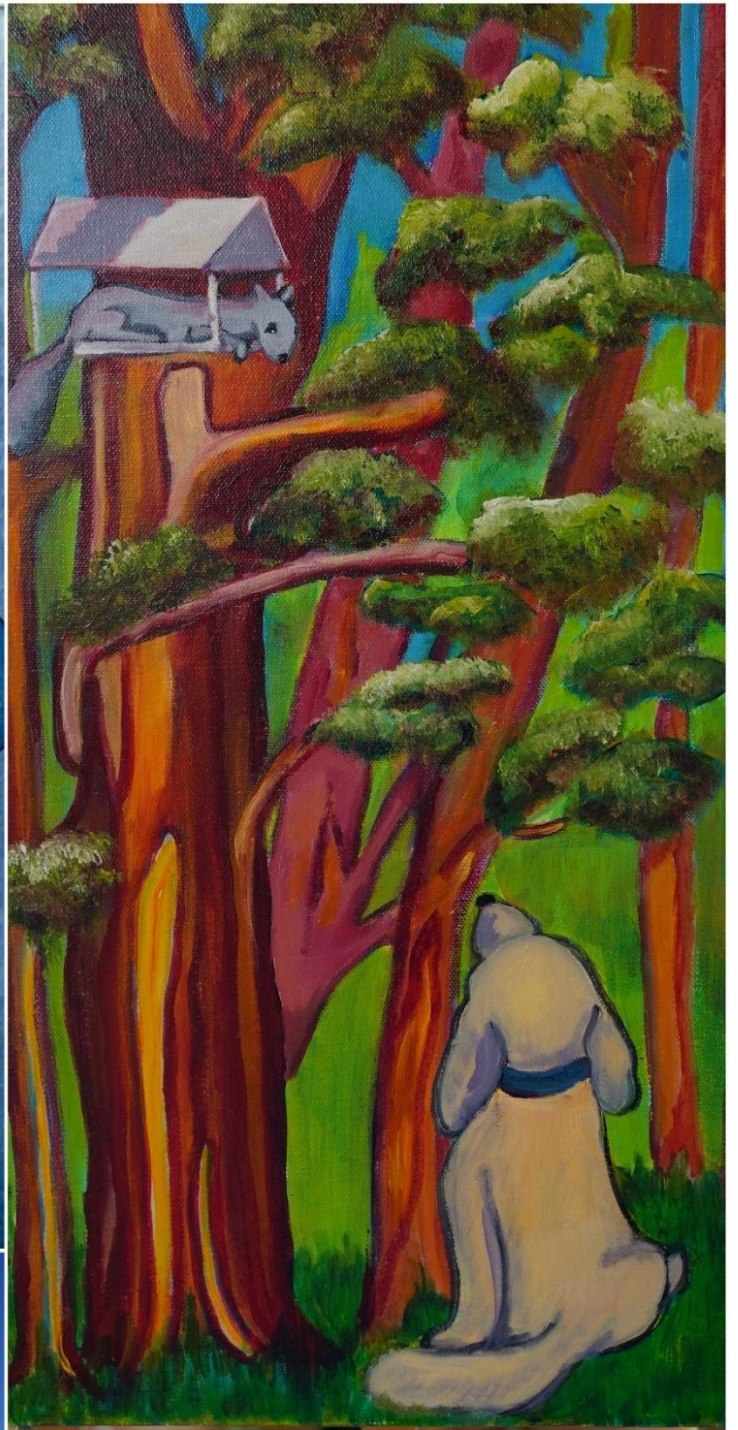


Rose Coloured Glasses

Painting & Photography
by Mary and Laura Brackenbury

September 28-October 29, 2025
Goward House ~ 2495 Arbutus Road

Opening: September 28 1300-1500
Artists will be in attendance





Tanya Clarmont

Director of Community Action & Learning

Victoria Native Friendship Centre

Thursday November 6th - 2:00 pm

Please pre-register at the front desk. FREE presentation.

Tanya Clarmont works at the Victoria Native Friendship Centre (VNFC) as the Director of Community Action and Learning. She is Teme-Augama Anishnabai through her father and French Canadian through her mother. She has worked with Friendship Centres for 24 years.

Tanya is coming to visit to share information about territorial acknowledgements and Indigenous populations, as well as explore important terminology to understand when participating in Indigenous spaces. She will also share about the incredible work of the VNFC and how you can get connected to programs and the local urban Indigenous community.



BOOK CLUB with Susan Gilberstad

The next Book Club will be Thursday **November 13th** from 1:30 - 3:00 pm. The title for this month is **Yellowface** by **R.F. Kuang**. All the books from the club set are signed out. Please source your own copy.

A blue ticket is required to attend. New participants are most welcome!



Your Library - More than Books!

Free jigsaw puzzles! Take one, bring one. Our puzzle exchange in the library is growing. Feel free to get involved. There is also a table where you could start one and work on it with other members.

There is a shelf of non-fiction books in the library now. They include histories, how-tos and memoirs. Look for the sign on top of one of the bookcases.

Goward House



Holiday Food Drive

Spread holiday cheer
and make a difference
in our community!

NOV 17 - DEC 11

WE WILL ACCEPT DONATIONS OF

- NON-PERISHABLE FOOD
- FEMININE HYGIENE PRODUCTS
- TOILETRIES

Spread the Joy!

Drop off in the bin at the
Front Desk before December 12!



www.gowardhouse.com

Tricia Baldwin

Dean, Victoria Conservatory of Music

Imagining the Future of Music and Music Education: Our Responsibility for Future Generations

Monday December 1st - 2:00 pm

Please pre-register at the front desk. Free presentation.

Tricia Baldwin is a distinguished arts leader with a career spanning top Canadian institutions. She is a graduate of the Faculty of Music in Performance at University of Toronto and the MBA program at the Schulich School of Business, York University. She also studied at the Royal Conservatory of Music as well as with USC clarinetist Mitchell Lurie in Los Angeles. A recipient of the Canada Council's John Hobday Award and the Queen's Human Rights Initiative Award, Tricia embraces lifelong learning and a complete passion for music.



Dean Tricia Baldwin, with her remarkable colleagues at the Victoria Conservatory of Music, envision a world of possibilities for the role of music and music education in society. This is a most exciting and challenging time for the arts, filled with disruptors that have inspired and required new thinking about the essential role of culture and inclusive education in our society. Examining the rapidly changing landscape for the arts, Tricia discusses our collective responsibility in music education to take the steps now required for the creation of the future we so passionately desire for our students and a healthy society. She will ask the participants in this session, "If, together, we get things right, what is your vision for 2035 for the arts and arts education in our society in the future?"

PURDY'S CHRISTMAS CHOCOLATE FUNDRAISER

It's here again just in time for the holiday season! Goward House earns a percentage of all sales from this popular fundraiser - catalogues are available at the Front Desk.

Deadline to order is **Wednesday November 12th**. Pick up of orders is from the Front Desk, **Friday December 5th**.

To order, you can either:

- Drop off your order form to the Front Desk (along with payment by cash, cheque, or credit/debit card) OR
- You can order online using a credit card.

Instructions are with all catalogues. Thank you for participating!



Don't forget to set your clocks back one hour before bed Saturday November 1st!

Holiday RAFFLE BASKETS

Starting November 3rd, you will see three beautiful 2025 Raffle Baskets
on display in our Lobby. This year's themes are:

Wellness

Home Office

A Lot of Snacks

Tickets are available through the Front Desk, at **\$2 for a single or \$5 for 3.**

A single ticket gives you a chance to win any of the baskets!

Winning tickets will be drawn December 11th.

Many thanks to all the businesses that supported our baskets (list to be published in December),
and a very grateful thank you to our team of donation canvassers:

Myrna Rouse, Margo Allen, Barb Turner

& Barry Mah Ming.



Goward House Christmas Luncheon

Thursday December 11th at NOON

**Turkey with fresh herbs, buttery mashed
potatoes, gravy and cranberry sauce, bread
stuffing with dried plum and sage.
Complemented with local vegetables.
Dessert, coffee and tea included.**

*Vegetarian option available.
(cash wine bar available)*

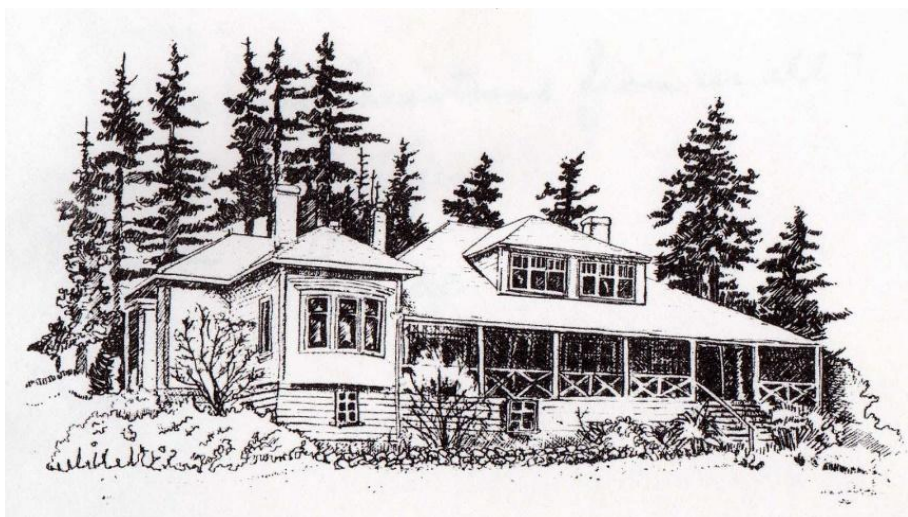
\$30.00 p/p

**Pre-order and pay at the front desk by
December 2nd. Seating is limited.**

GOWARD HOUSE CHOIR @ 2:00 pm

(\$5.00 for concert only)





**Saturday Nov. 15
& Sunday Nov. 16**

10:00 am – 4:00 pm

\$5.00 admission

**(includes free beverage
ticket and door prize ticket)**

Handmade by local artisans: knitted toys, paintings and cards, jewelry, needle and woodcrafts, children's books, candles, preserved food, Xmas items and more...

Tea Room serving soup, sandwiches and baked goodies. See you there!



WEDNESDAY LUNCH SPECIALS

Wednesday November 5th - Russ's Perogies

**Wednesday - November 19th - Vegetarian
Lasagna**

**Wednesday - November 26th - Chili &
Cornbread**



*(Lunch specials are available while supply lasts. Items not sold day of
may be available for take - out.)*

Haro Woods Guided Walking Group

Please join Goward House member **Deborah Dickson** on a guided walk through Haro Woods. Deborah was instrumental in the preservation of Haro Woods over the last few decades.

Did you know that Haro Woods is the last urban forest in East Saanich? Have you seen the Owl nests? History shows that this land has been used by humans and four-legged animals for centuries. This green corridor provides refuge for urban animals and migrating birds to move safely through our community.

The next walk will be **November 18th at 1:00 pm** weather permitting. Please meet in the lobby at Goward House. The walk through the woods is on accessible trails, for all ages, and transit is available on Arbutus Rd.

Free for all, all welcome.

"Living in North Korea as World Citizens"



A Special Goward House Presentation

Please join us Monday November 10th at 2:00 pm.

Few people have *ever* visited North Korea. Even fewer have *ever* lived there. And far fewer were Americans.

Diana Schaffter, an American citizen, lived in North Korea freely for two years, while accompanying her husband, Tim Schaffter, a Canadian, who was the head of the United Nations Children's Fund (UNICEF) there.

Please pre-register at the front desk.

FREE for members Non members \$10.00

- What is it like to live in North Korea as an American?
- What are the North Korean people like?
- How did the North Koreans respond to "the American" in their midst?
- How was it possible to overcome assumptions, prejudices and politics to simply see "people as people" and to build heart-to-heart bridges?
- What spiritual principles did they strive to apply in action to connect with the people?

Please join a non-political talk /discussion by Diana and Tim Schaffter on their experiences from having lived in the Democratic People's Republic of Korea (North Korea) from 2014 to 2016 as "World Citizens", during a time there were heightened tensions with the USA due to nuclear and ballistic missile tests.

PLEASE BRING ALONG ANYONE WHO YOU THINK MIGHT BE INTERESTED.

Diana and Tim have lived in Asia and Eastern Europe for 40 years: Thailand, Vietnam, Romania, India, Kyrgyzstan, Laos and North Korea. Tim worked with the United Nations for 26 years—22 years with UNICEF. Diana worked as an international educator, founding two pre-schools, and serving as an educational consultant to Governments.



Diana Schaffter visiting a North Korea School



MONEY MATTERS with Pam Katunar

First Fall session of **Money Matters** is Thursday November 27th at 2:00 pm

The topic is Effective Charitable Gifting: Making an Impact While reducing Taxes.

Hosted and presented by Heart Wealth Management of Raymond James.

Money Matters is **FREE**. Please pre-register at the front desk.

OUTDOOR Tables for Sale!

Courtesy generous donations from our membership to the 2024 President's Appeal campaign, we have purchased some attractive and durable new deck furniture (tables, chairs, umbrellas). Many of the old deck tables and umbrellas still have some life in them, though - we don't want to just recycle them.

For a limited time, we are offering these still useful tables and umbrellas to members BY DONATION. They could find a handy second life anywhere outside.

Please contact us at administration@gowardhouse.com or 250-477-4401 for more information.



"Play of the Hand"

Thursday January 15th to Thursday March 12th, 2026, 9:30 - 11:30 am



Jim Brackenbury will teach this nine-week course at Goward House on Thursday mornings, 9:30 to 11:30 am. The focus will be on helping newer and intermediate players improve their play of the hand in bridge, using the most recently updated textbook from the American Contract Bridge League. Jim is an accredited ACBL bridge teacher and club director.

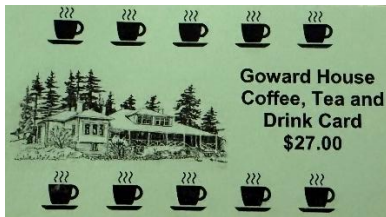
Fees are \$90 for Goward House members and \$120 for non-members. The required textbook can be purchased directly from the instructor. (Please let the front desk know if you require the textbook "Play of the Hand in the 21st Century" at registration.)

Registration opens Tuesday November 25th at 10:00 am

FUNDRAISING - How Can You help?

You can help raise money for Goward House by loading a **Fairways** or **Pepper's** card. Fairways cards are available at the Front Desk. Once you have your card assigned, please visit customer service at a Fairway Market and have it loaded with any amount you would like. For Pepper's, please see a cashier and ask them to load a card with the charitable portion going to Goward House. 5% percentage of the value of the cards goes to Goward House! Thank you to all the members who help raise these funds by participating.

Barry's Bottle Recycling donated \$150.00 for October. Thank you, Barry for your continued support volunteering for Goward House! If you have returnable containers you'd like to donate, please call Barry at 250 888-9963. Proceeds to Goward House!



MONTHLY DRAW FOR A FREE BEVERAGE PUNCH CARD

Submit any of your used punch cards for a chance to win a FREE beverage card in our monthly draw. Simply write your name and phone number on the back of your card and give it to a kitchen volunteer or a staff member. Draws are done the last day of each month. **GOOD LUCK!**

Our October punch card draw winner was **Jim Frazer**. Congratulations!

Goward House Team Welcomes Brandi Ennis



Hi. I'm Brandi Ennis. I'm 49 years old this month, born and raised in northern BC. I moved to Cadboro Bay, Victoria in 2024 to be with my soon to be husband, Peter Cook.

My hobbies are riding my bike, gardening, fawning over my 83 house plants (and growing), kayaking, writing, 3D printing, electronic music production and DJing, cooking and researching anything and everything and spending time with my hubby and loved ones.

Besides working as custodian at lovely Goward House, I have a small house cleaning business where seniors and the disabled have top priority. My husband and I also have a small gardening business we are trying to get off the ground.

Getting this job at Goward House means the world to me and thank you to everyone at the house that recommended the job, hired me, trained me, and made me feel so welcome.

I'm a social butterfly and I am loving the people I get to meet and talk to every time I'm at the house. Looking forward to many years working here.

Goward House would like to extend a very warm welcome to new members:

Bob Carson, Nancy Carson, Helene Kos, Roger Norrish, Carole Poy, Syke Stein, Hickman Wong & Violet Wong.

Activity Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
Strength & Balance 9:00 – 10:00	Line Dancing 9:30 – 11:00	Drop in Art 8:00 – 11:30	Qigong & Mobility 9:00 – 9:30 Tai Chi Form 9:30 – 10:15 (no classes Nov. 20th)	Yoga 9:30 – 10:30
Quillers 10:00 - noon	French Conversation Adv. 1:00 – 3:00	Chinese Brush Painters 9:30 – 1:00	Strength & Balance 12:00 – 1:00	Spanish Conversation Adv. 10:30 – noon
iPad & iPhone Club 10:00 – 11:30 (November 3rd)	Mah Jong 1:00 – 4:00	Duplicate Bridge 12:15 – 4:00	Social Bridge 12:30 – 4:00	Choir 1:15 – 3:15 (rehearsals resume in January)
Social Bridge 12:30 – 4:00	Portrait Painters 1:15 – 4:00	Crafters 1:30 – 3:30	Book Club 1:30 – 3:00 (November 13th)	
Meditation 2:30 – 4:00				

GOWARD HOUSE SOCIETY

Board of Directors: 2025-26 Committees

COMMITTEE	DIRECTORS
FACILITY	Allan Davies, Lee Frank, Mary Collins
FINANCE	Mary Collins, Lee Frank, Allan Davies (& Heidi Hodgins)
KITCHEN	Barbara Sawyer, Joy Olesky
PERSONNEL	Gail Branton, Lee Frank, Mary Collins
PROGRAM	Mary Collins, Barbara Turner, Barbara Sawyer
PUBLICITY & OUTREACH	Barbara Turner, Mary Collins
VOLUNTEERS, MEMBERSHIP & FRONT DESK	Gail Branton, Joy Olesky, Lee Frank
President: Mary Collins	Vice-President: Barbara Turner
	Secretary: Gail Branton
	Treasurer: Lee Frank

We acknowledge with respect the Lekwungen peoples on whose traditional territory the neighbourhood of Cadboro Bay lies, and the Songhees, Esquimalt and WSÁNEĆ peoples whose historical relationships with the land continue to this day.

“Scene” Around Goward House



Board members Gail Branton, Allan Davies & Lee Frank testing out the new deck furniture, made possible by generous donations from our members to the 2024 President's Appeal.



Oak Bay - Gordon Head MLA Diana Gibson speaking at Goward House September 29th.



Grandmothers For Africa presentation at Goward House October 6th.