

# THE GAZETTE



**June 2026 Editor:** *Marlene Abney*  
General Manager: Heidi Hodgins  
Assistant Administrators: Marlene Abney & Tara Jackson  
Janitor: Russ Saunders    Custodians: Leslie Hall & Brandi Ennis

GOWARD HOUSE

**2495 Arbutus Rd. Victoria B.C. V8N 1V9**

250 477- 4401

[gowardhouse.com](http://gowardhouse.com)

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## President's Message

On behalf of myself and Co-President Joy Olesky, I would like to welcome all the Board Members who are returning to the Board, and especially those new to the Board. Those returning are: **Gail Branton, Joy Olesky, Barb Turner, Barb Sawyer** and **Lee Frank**. We welcome the following new members to the Board: **Chris Neilson, Roberta Hesselgrave** and **Cassie Kangas**. **Mary Collins** will be our Past President, after doing an excellent job as President and as chair of the Program Committee, which contributed greatly to the ambience of Goward House. We owe Mary many thanks for her gracious approach to the position of President. Last, but certainly not least, we say goodbye to our departing Past President, **Allan Davies**. Allan has been instrumental in improving the Goward House financial position, the upgrades to the facility and the general well-being of the House. We are grateful to you, Allan.

I would also like to thank the excellent staff headed by Heidi Hodgins, for keeping Goward House running so efficiently on a day-to-day basis. We are all looking forward to a successful 2026-27 at Goward House.

Warmly,  
Gail Branton and Joy Olesky, Co-Presidents

## SAVE THE DATE

Thursday June 11<sup>th</sup> - 2:00 pm - **MP Will Greaves**. Please pre-register at the front desk.

Tuesday June 16<sup>th</sup> - 1:00 pm - **Haro Woods Guided Walk** with Deborah Dickson. Please meet in the lobby.

Thursday June 18<sup>th</sup> - **Goward House Annual Strawberry Tea**. Please see front desk to purchase.

Saturday June 20<sup>th</sup> - **Bridge Luncheon**. Hosted by Goward House! Please see front desk to purchase your table.

Thursday June 25<sup>th</sup> - **Money Matters**. The topic this month is estate planning - cross border considerations. Our guest this month is accountant **Brent England**. Please pre-register at the front desk.

Tuesday July 7<sup>th</sup> - **Music in the Park**. Goward House hosts this annual BBQ and concert. BBQ from 5:00 - 7:00 and concert 6:00 - 8:00 pm. Volunteers needed! (please sign up on the clipboard in the lobby)

Thursday July 16<sup>th</sup> - **High Tea**. Goward House hosts the first High Tea of the summer. Please see front desk to purchase.

Tuesday July 21<sup>st</sup> - **Goward House July BBQ**. Please see front desk to purchase.

Thursday July 23<sup>rd</sup> - **Money Matters**. Topic tba.



## *Goward House Strawberry Tea*

### *Please join us!*

Thursday June 18<sup>th</sup> from 12:30, followed by the Goward House Singers choir concert at 2:15 pm.

**\$15.00** p/p

*Sponge cake* served with strawberries and whipped cream, a beverage and our choir concert.

**Please reserve and pre-pay by visiting the front desk.**

Please note that reserved seating on the deck is first-come first-served at the time of purchase (two sittings available, 12:30 and 1:30 pm).

*Choir singers pay \$10.00.*

*Choir concert only, suggested donation of \$5.00.*





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# **Bridge Luncheon**

hosted by

**Goward House**

**Saturday June 20<sup>th</sup>**

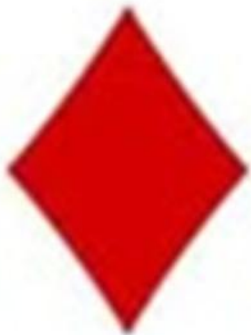
**12:00 – 4:00**

**Tables of 4 - \$120.00 (no refunds)**

**Registration begins May 19<sup>th</sup>  
(please sign up at the front desk)**

**Lunch served from 12:15 – 1:00**

**No breaks in the game!**



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**Lunch will include sandwich quarters, savoury quiche or scones, pickles, grape clusters, assorted desserts, coffee, tea & punch.**

**Non-members welcome!**

## Goward House Summer BBQs

Please mark your calendars and join us for our annual BBQs.

Our first BBQ is a public event - **Music in the Park July 7<sup>th</sup>**.

Goward House will host three more: **July 21<sup>st</sup>, August 18<sup>th</sup>** and our final one, our Welcome Back BBQ, is **September 10<sup>th</sup>**.

Your choice of Beef, Salmon or Veggie burgers as well as Hot Dogs.

(potato chips, ice cream and beverages are also available)

*Please sign-up and prepay for July 21<sup>st</sup> BBQ by July 16<sup>th</sup> at the front desk.*



## MONEY MATTERS with Pam Katunar

The June session of **Money Matters** is June 25<sup>th</sup> at 2:00 pm

The topic is Estate Planning - Cross Border Considerations  
Our guest speaker is **Brent England**.

Hosted and presented by Heart Wealth Management of Raymond James.

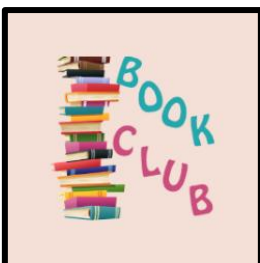
Money Matters is **FREE**. Please pre-register at the front desk.



## Book Club with Susan Gilberstad

Book Club will meet Thursday June 18<sup>th</sup> from 1:30 - 3:00 pm. The title for discussion will be **Greenwood** by **Michael Christie**.

There is a Book Club Set at the front desk. As always, one should call and ask if there is a copy in the bag before coming to sign out a book. Book Club members are encouraged to bring their copy back when they are finished reading the book to ensure that everyone is able to get a copy to read before the next meeting. Thank you, Susan Gilberstad.



# Join us for MUSIC IN THE PARK

at Goward House!

presented by Saanich Parks, Recreation and Community Services  
and Goward House

July 7<sup>th</sup> 2026 from 5:00 – 8:00pm

**BBQ from 5 -7** with music by *Fine Spirits* - concert from 6-8 pm



Presented by Saanich Parks, Recreation and Community Services

## MUSIC in the PARK

2026 Community Concert Series  
Tuesdays, 6 to 8pm

FREE

### Music in the Park

Come out and join your neighbours for an evening of music in your local park. Food available for purchase or bring your own picnic.

TUESDAYS, 6:00 - 8:00pm

July 7<sup>th</sup> **Fine Spirits** (current & classic hits)  
**Goward House, 2495 Arbutus Rd.**

July 14<sup>th</sup> **Shenanigans** (classic rock)  
**Majestic Park, 4380 Majestic Dr.**

July 21<sup>st</sup> **The Hit List** (danceable hits)  
**Beckwith Park, 857 Beckwith**

July 28<sup>th</sup> **The Sutcliffes** (Beatles)  
**Brydon Park, End of Viewmont Ave.**

August 4<sup>th</sup> **Groove Diggers** (top 40 & classics)  
**Hyacinth Park, 700 Marigold**

August 11<sup>th</sup> **Backbeat** (tribute to the 60's)  
**Prospect Lake Park, 331 Prospect Lake Road**

August 18<sup>th</sup> **Late Shift** (classic rock & roll)  
**Rutledge Park, Inverness & Cloverdale**

August 25<sup>th</sup> **Apex Breaks** (psychedelic jungle funk)  
**Rudd Park, 3259 Irma**

### MUSIC IN THE PARK - PARKING INFORMATION

This is a popular event, and our parking is limited. We cannot save spots for members. Some things to keep in mind:

- ✓ Come early!
- ✓ Carpool, get dropped off, bike or bus (bus stop is directly outside the House).
- ✓ There are only TWO wheelchair parking spots, and those cannot be reserved.
- ✓ There is some street parking, but that is also limited (and Saanich does monitor it).
- ✓ There is pay parking available across the street (UVic Queenswood Campus) as well as at the corner of Haro and Arbutus. Both are within reasonable walking distance.
- ✓ There is also parking down Haro, near Frank Hobbs Elementary - you can walk through Goward Woodlands to get to the event. 😊

Parking Lot Attendants will try to keep traffic moving through our lots, and facilitate drop-offs. Traffic in the lots will be uni-directional (enter at West Entrance; exit at East Entrance). Thank you in advance for supporting our volunteer Lot Attendants!

**Goward House**  
**is pleased to host**  
**HIGH TEAS**  
**this summer!**



Please join us for special Goward House High Tea afternoons this summer! Enjoy a selection of sandwiches and sweet & savoury goodies to share with friends.

when: Thursday July 16<sup>th</sup> & Thursday August 20<sup>th</sup>

12:30 pm

where: Goward House Tea Room (or deck weather permitting)

Price: \$30.00 p/p

## DROP IN ART



Summer is the perfect time to try something new. Our Drop-in Art group meets Wednesday mornings, and they encourage you to come by and see what it's all about. Bring your brushes and paint and create your masterpiece in whichever medium you prefer.

Drop in anytime from 8:00 - 11:30 am. and enjoy the company of like-minded artists. (A blue ticket is required.)

## MONTHLY DRAW FOR A FREE BEVERAGE PUNCH CARD

Submit any of your used punch cards for a chance to win a FREE beverage card in our monthly draw. Simply write your name and phone number on the back of your card and give it to a kitchen volunteer or a staff member. Draws are done the last day of each month. **GOOD LUCK!**

Our May punch card draw winner was **Jim Brackenbury**. Congratulations!

## FUNDRAISING - How Can You help?

We raised \$95.00 from our Fairways Market fundraising this quarter. Thank you to all of our members who participate!

You can help raise money for Goward House by loading a **Fairways** or **Pepper's** card. Fairways cards are available at the Front Desk. Once you have your card assigned, please visit customer service at a Fairway Market and have it loaded with any amount you would like. For Pepper's, please see a cashier and ask them to load a card for you and always mention that you would like the charitable portion going to Goward House. 5% percentage of the value of the cards will go to Goward House! Thank you to all the members who help raise these funds by participating.

**Barry's Bottle Recycling** donated **\$150.00** for the month of May. Thank you, Barry for your continued support volunteering for Goward House! If you have returnable containers you'd like to donate, please call Barry at 250 888-9963. Proceeds to Goward House!



## VOLUNTEER OPPORTUNITIES

We are always looking for members to add to our roster of volunteers and for special events. If you are able to help or want more information, please email Marlene at [marlene@gowardhouse.com](mailto:marlene@gowardhouse.com) or call 250 477-4401.

**VOLUNTEERS NEEDED - Music in the Park 2026, Tuesday July 7<sup>th</sup>**. We need a small army of volunteers to help with this big event. Many positions are available in the kitchen (prep and assembling buns) and the garden area (handing out chips, pop and BBQ items). Signup sheet is in the lobby. Thank you!

**KITCHEN VOLUNTEER NEEDED** - Our lovely kitchen volunteer **Wendy Major** will be moving on to other volunteer opportunities after June 4<sup>th</sup>. We will miss Wendy and her cheery smile but wish her well on new adventures. We will be immediately seeking a volunteer (or two) for the kitchen shift EVERY Thursday. If this interests you (or you and a friend even better), please let us know. We really depend on help in the kitchen to keep our Tea Room operating smoothly. Contact [marlene@gowardhouse.com](mailto:marlene@gowardhouse.com).

Goward House would like to extend a very warm welcome to new members:

**Susan Beairsto, James MacDonald, Susan Spooner & Linda Woodbury**

**EXTENDED UNTIL JUNE 24TH**

*Goward House*  
**ARTISTS**

ART SHOW & SALE

ARTISTS' RECEPTION SAT APRIL 25 1:30-3:30PM

**APRIL 28 - MAY 28 2026**

WEEKDAYS 9:30AM - 3:30PM

2495 ARBUTUS ROAD  
MORE INFORMATION CAN BE FOUND AT  
[HTTPS://GOWARDHOUSE.COM/](https://gowardhouse.com/)

## WEDNESDAY LUNCH SPECIALS

June

Wednesday 3<sup>rd</sup> - Beef Lasagna

Wednesday 10<sup>th</sup> - Russ's Perogies

Wednesday 17<sup>th</sup> - Thai Curry Pork

Wednesday 24<sup>th</sup> - Vegetable Lasagna



*(Lunch specials are available while supply lasts. Items not sold day of may be available for take - out.)*



## Pantry Program - Come Join Us!

Are you interested in cooking hot lunches for our Tea Room, but unsure how to begin? Our team of chefs are quite happy to have a shadow assistant while they cook, and always happy to talk about the program!

If you would like to book a no-obligation "shadow" session, please contact Marlene at [administration@gowardhouse.com](mailto:administration@gowardhouse.com)



A big thank you to **John Martens** who has been donating his time making his delicious lasagna for our Pantry Program. John will be hanging up his apron in the near future!

## **PARKING** at Goward House

Please refrain from parking on the grass by the sidewalk, as well as in the garden bed by the bus stop. These are sensitive areas easily damaged by cars.

We respectfully ask you to park straight in your parking spot. We know the stall lines are not always easy to see - focus on the concrete header. (We lose spots when multiple drivers park on a slant.)

We have 45 spots available between our two parking lots, which is more than ample most of the time. When we have large groups at the House, carpooling is strongly advised.

*On behalf of the Staff, THANK YOU!*

## Activity Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
Strength & Balance 9:00 – 10:00	Line Dancing 9:30 – 11:00	Drop in Art 8:00 – 11:30	Qigong & Mobility 9:00 – 9:30 Tai Ch Form 9:30 – 10:15	Yoga 9:30 – 10:30 <b>(June 5<sup>th</sup> &amp; 12<sup>th</sup> only)</b>
Quillers 10:00 - noon	French Conversation Adv. 1:00 – 3:00	Chinese Brush Painters 9:30 – 1:00	Strength & Balance 12:00 – 1:00	Spanish Conversation Adv. 10:30 – noon
iPad & iPhone Club 10:00 – 11:30 <b>(1<sup>st</sup> Monday)</b>	Mah Jong 1:00 – 4:00	Duplicate Bridge 12:15 – 4:00	Social Bridge 12:30 – 4:00	Choir 1:15 – 3:15 <b>(on hiatus until September 4th)</b>
Social Bridge 12:30 – 4:00	Portrait Painters 1:15 – 4:00	Crafters 1:30 – 3:30	Book Club 1:30 – 3:00	
Meditation 2:30 – 4:00				
Jigsaw Puzzle Club 12:45 – 2:15 <b>(June 1st &amp; 15<sup>th</sup>)</b>				

### **GOWARD HOUSE SOCIETY**

Board of Directors: 2026-27 Committees

COMMITTEE	DIRECTORS
<b>FACILITY</b>	<b>Lee Frank, Mary Collins</b>
<b>FINANCE</b>	<b>Mary Collins, Lee Frank (&amp; Heidi Hodgins)</b>
<b>KITCHEN</b>	<b>Barbara Sawyer, Joy Olesky</b>
<b>PERSONNEL</b>	<b>Gail Branton, Lee Frank, Mary Collins</b>
<b>PROGRAM</b>	<b>Mary Collins, Barbara Turner, Barbara Sawyer, Joy Olesky</b>
<b>PUBLICITY &amp; OUTREACH</b>	<b>Barbara Turner, Mary Collins</b>
<b>VOLUNTEERS, MEMBERSHIP &amp; FRONT DESK</b>	<b>Gail Branton, Joy Olesky, Lee Frank</b>
<b>Co-President: Gail Branton</b>	<b>Co-President: Joy Olesky</b>
	<b>Secretary: Barbara Turner</b>
	<b>Treasurer: Lee Frank</b>

*We acknowledge with respect the Lekwungen peoples on whose traditional territory the neighbourhood of Cadboro Bay lies, and the Songhees, Esquimalt and WSÁNEĆ peoples whose historical relationships with the land continue to this day.*

## “Scene” Around Goward House

Our annual Volunteer Appreciation Luncheon was held April 28<sup>th</sup>. A great time was had by all!

